Nursing Education

[Cumberland County High School](http://ccschools.k12tn.net/CCHighSchool.cfm?subpage=360247Cumberland)

[**Contact Information**](#Content)**:**

Ms. Karrie Terpening

Work: (931) 484-6194

Cell: (931) 787-29143

Email: kterpening@ccschools.k12tn.net

[**Materials/Student Requirements**](#Contents)**:**

3 ring notebook with dividers

Composition book

Pencils, Pens, Markers, Highlighters, Poster, Paper

2 sets of navy blue scrubs that must be embroidered at make it personal.

One pair of white shoes

Gait belt

CPR card $5

At the end of the course, you will be eligible to take the State test if you choose to. The cost of this test to certify you will be $93.

**Book-** Nursing Assistant Care The Basics by Hartman third edition ISBN-978-1-60425-014-5

Nursing Education consists of 10 units of study dealing with direct bedside nursing care. Clinical experience will consist of supervised practice in the nursing home, as well as demonstrations in the classroom. Students can be registered by Tennessee Department of Health– after the completion of the course, 100 hours clinical and theory, passing a state test (both written and skills) and will be job ready.

**[Program content](#Contents):**

Please be advised that this is a health class. At times during the year your child will be exposed to adult situations and visuals. We explore the anatomy and physiology of all systems in the body including the reproductive system and childbirth. We also will perform skills with diverse patients both male and female.

**[Commitment statement](#Contents):**

I will, as a Nursing Education instructor, give you information necessary to meet the standards as well as the commitment to try to give you a valuable understanding of the nursing profession.

**[Grading System](#Contents)**

All work will be classified as Daily Work/Participation, Test/Quizzes, Home Learning, Activities, Current Events, and Projects.

1. Participation, homework, daily assignments, team work 40%

2. Quizzes, tests, projects, Current Events, Presentations 40%

3. Mid-term Exam/Final Exam 20%

**[Class Requirements](#Contents)**

1. Respect others and your environment, which consists of , treating yourself and your classmates with respect at all times and keeping a neat clean classroom.
2. Be on time and ready for class daily. Be seated when the bell rings.
3. Daily participation is a requirement along with working in collaborative groups.
4. All make-up work or unit specific checks must be completed and turned in within 5 days of returning from an absence. No late work will be accepted after 5 days.
5. Excessive absenteeism will prevent you from completing the course and being certified. The required classroom and clinical hours must be attained in order to meet state requirements for the course. If you have excessive absenteeism you will not be able to go

 to clinical at the nursing home. You will not be permitted to miss more than 4 days for the entire semester including clinical and class time.

1. Must maintain a grade average of 80% in order to go to clinicals and all work must be done. Zero’s are unacceptable. Late work will be deducted at 10 points per day and not accepted after 5 days.

[**Class Rules**](#Contents)

1. Be on time an in your seat when the bell rings ready to work daily.
2. Homework is due at the beginning of class.
3. All make-up work is to be completed within 5 days of returning to school after an absence.
4. No disruptions in class will be tolerated.
5. Keep your work area clean and organized.
6. No inappropriate language will be tolerated.
7. No use of electronic devices such as cell phones, smart phones, I-pod, I-phone, beepers, gaming devices, palm pilots, will be allowed in class unless authorized by myself.
8. If you choose to use any of such devices you run the risk of the device being turned in to the office and/or ISS.

**[Consequences](#Contents)**- *Failure to comply with any of the above rules will result in the following;*

1. Verbal Warning
2. Extra assignment
3. Parent contact
4. Referral to Administrator – a disciplinary form will be written at that time.

**[Nurse Aide Training Curriculum/Standards](#Contents)**

We use the TN Department of Education Nursing Education curriculum that has been approved by the TN Department of Health.

**Communication and interpersonal skills**

* The student will demonstrate client/resident interaction skills depending on the social, emotional, spiritual and related needs of the person and/or family using appropriate communication skills.
* Demonstrate the ability to adapt communication to individual/family’s needs.
* Choose communication and interpersonal skills appropriate to the residents’ needs.

**Infection Control**

* Demonstrate knowledge of infection control, chemistry and physics related to patient and employee safety
* Demonstrate skills in nursing lab related to utilizing universal/standard precautions
* Apply infection control principles in a classroom lab and clinical setting

**Safety/Emergency Procedures**

* Demonstrate a knowledge of safety precautions related to long-term care facility residents
* Demonstrate CPR and Foreign Body Obstruction skills in classroom in accordance with American Heart Association or American Red Cross Standards.
* Maintain safe environment for resident at all times when providing care.
* Analyze advanced directives in emergency situations

**Promoting Residents’ Rights, Independence and Respecting Resident’s Rights**

* Analyze and discuss the following: Communication, residents rights, information control, and Health Insurance Portability and Accountability Act (HIPPA)
* Demonstrate proper and acceptable care of the geriatric client
* Research life spans of acute, chronically ill and disabled persons in a health care facility.
* Compare and contrast reality orientation measures and activities appropriate for residents.
* Examine the individual rights of the residents in a health care facility

**Basic Nursing Skills**

* Demonstrate proficiency in classroom laboratory setting and then in clinical setting for the following areas:
	+ Hand washing
	+ Measuring and recording Vital Signs
	+ Measuring and recording Height and Weight
	+ Maintain clean orderly resident environment free of potential hazards
	+ Compare body, physical and psychological changes that may occur during aging
	+ Demonstrate preventive and restorative care as related to body systems in the aged
	+ Demonstrate nursing measures designed to prevent complication of immobility
	+ Demonstrate care of terminally ill
	+ Recognize the grief process.
	+ Perform post-mortem care in the lab and clinical if applicable
	+ Recognize the grief process
	+ Personal Care Skills: Demonstrate the following skills first in nursing lab then in clinical facility.
		- Hand Washing
		- Bathing to include bed bath, shower, chair bath
		- Unoccupied and Occupied Bed making
		- Grooming, including mouth care
		- Dressing
		- Toileting to include measuring intake and output
		- Assisting with eating and hydration
		- Proper feeding techniques
		- Skin Care
		- Transfers, positioning and turning
	+ Mental health and social services needs
		- Apply behavior codes as related to legal and ethical responsibilities
		- Analyze problems, treatments and nursing interventions related to common metal and physical disorders in the elderly
		- Evaluate appropriate responses to resident behavior and adjust care in response
	+ Care of the cognitively impaired resident
		- Compare and contrast reality orientation measures and activities of residents
		- Analyze resident behavior related to typical changes in the elderly
		- Maintain at all times resident rights
		- Communicate with the resident in a calm, quiet and unhurried manner
		- Explain effects of Dementia and Alzheimer’s Disease to family and significant care givers
		- Know the measures that help persons with cognitive impairment
	+ Basic Restorative Services
		- Demonstrate nursing measures designed to prevent complications of immobility.
		- Describe how rehabilitation involves the whole person
		- Identify the complications to prevent during rehabilitation
		- Describe how rehabilitation is different for elderly residents
		- Explain how to promote quality of life
		- Demonstrate the use of quad canes, crutches, walker and other assistive devices in the clinical lab and at clinical facility.
		- Demonstrate the skills of assisting with elimination in nursing lab and at clinical facility
		- Perform ROM exercises on resident without causing pain or further injury
		- Demonstrate proper turning and resident positioning techniques in bed and in chair
		- Demonstrate the care and use of prosthetic and orthotic devices in the nursing lab and clinical facility
	+ Residents’ Rights
		- Describe and maintain residents’ rights
		- Examine the individual rights of the residents in a health care facility
		- Demonstrate appropriate documentation on facility policies, procedures, charts and reports as related to information of resident.
		- Analyze and apply guidelines related to residents’ rights, information control and HIPPA rules.
		- Recognize and report signs of mental, verbal, or sexual abuse of the elderly.
		- Describe the purpose and complications of the use of restraints
		- Identify restraint alternatives
		- Explain how to use restraints safely

[NURSING EDUCATION CLASS](#Contents)

Our classes are for 86 days during 90 minute blocks beginning at 7:45 a.m. and ending at 10:33 am. Clinical times begin at 7:50 and end at 10:00 at Uplands Village in Pleasant Hill TN. Total classroom time is 72 hours. Total clinical time is 73 hours. Total class hours are 143. The instructor to student ratio is 1:15 in both classroom and clinical.

Day 1 Introduction to Class
Day 2 Introduction to Nursing- Nursing Careers, Education Requirements

Day 3 Nursing Roles, Responsibilities and Personal Qualities

Day 4 Introduction to Long Term Care Facilities

Day 5 Test- Begin OBRA and Patient Rights.

Day 6 Continue OBRA and Patient Rights. Start Legal Ethical

Day 7 Legal-Ethical (Providing privacy and maintain confidentiality,

Day 8 resident’s right to make personal choices, maintaining care and

 security of resident’s personal rights, promoting resident’s right to be

 free from abuse, mistreatment, and neglect and the need to report any

 instances of such treatment to appropriate facility staff.

Day 9 Provide assistance in resolving grievances and disputes

 Providing Needed Assistance in Getting to and Participating in

 Resident and Family Groups and other Activities

Day 10 Test Communication and Interpersonal Skills, Respecting Patient’s

 Rights

Day 11 Infection Control

Day 12 Test Communication. Infection Control, Safety and Emergency

 Procedures,

Day 13 CPR include Heimlich Maneuver

Day 14 Test Infection Control, Begin Taking Vital Signs- Recording Vital Signs

Day 15 Continue Vital Signs, Measure Height and Weight and Record

Day 16 Vital Signs, Height, and Weight check off. Begin Caring for the

 Resident’s Environment

Day 17 Complete Caring for the Resident’s Environment, Caring for Resident’s

 when Death is Imminent

Day 18 Review of Basic Body Systems

Day 19 Recognizing Abnormal Changes in Body Functioning and the Importance

 of Reporting such Changes to a Supervisor

Day 20 Continue Abnormal Changes in Body Functioning and the Importance

 of Reporting such Changes to a Supervisor

Day 21 Growth and Development- Tasks Associated with the Aging Process

Day 22 Test Day 17-21 Complete Growth and Development

Day 23 Appropriate Response to Resident Behavior, How to Modify the Aide’s

 Behavior in Response to Resident’s Behavior

Day 24 Allowing the Resident to Make Personal Choices, Providing and

 Reinforcing other Behavior Consistent with the Resident’s Dignity,

 Incorporating the Resident’s Family as a Source for Emotional Support

Day 25 Techniques for Addressing the Unique Needs and Behaviors of

 Individuals with Dementia, Understanding the Behavior of the

 Cognitively Impaired Resident,

Day 26 Communication with the Cognitively Impaired Resident, Appropriate

 Response to the Behavior of Cognitively Impaired Residents, Methods

 of Reducing the Effects of Cognitive Impairments

Day 27 Body Mechanics, Maintenance of Range of Motion, Proper Turning and

 Positioning

Day 28 Test Day 22-27 Use of Assistive Devices in Transferring, Ambulation,

 Eating, and Dressing.

Day 29 Continue us of Assistive Devices in Transferring, Ambulation, Eating

 and Dressing. Begin check off of Positioning and Body Mechanics.

Day 30 Skin Care, Bathing, Providing Baths for Residents- Complete,

 Partial/Assisted

Day 31 Assisting Patient with Shower, Bathing and Shower Check Off

Day 32 Mouth care, Dentures, Grooming,

Day 33 Assisting Patient with Dressing

Day 34 Toileting- Bowel and Bladder Training

Day 35 Assisting with Eating and Hydration. Proper Feeding Techniques

Day 36 Clinical Check Off for Mouth Care, Dentures, Grooming, Dressing,

 Toileting, Feeding and Hydration

Day 37 Final Check Off on Bed making, Bathing, and Hair Care of Residents

Day 38 Final Check Off on Ambulation, Range of Motion Exercises, Mouth

 Care and Denture Care

Day 39 Semester Exam and Check Off on All Skills from Tennessee CNA

 Candidate Handbook

Day 40 Orientation to the Clinical Site

Day 41-80 Clinical at Uplands Nursing Facility

Day 81 Classroom Review for Exam

Day 82 Classroom Review for Exam

Day 83 Lab Review for Final Exam

Day 84 Lab Review for Final Exam

Day 85 Lab Practical Exam

Day 86 Classroom Exam

**Student agreement**: By signing this document I confirm I understand all of the expectations in the classroom and the clinical areas. I understand the rules and consequences and agree to abide by them. I agree that I am mature enough to be exposed to the sensitive situations and will respect all of the patients rights.

**Parental agreement:** By signing this document I confirm I understand what is expected of my child in Nursing Education class. I also agree that my child is mature enough to handle situations, which may occur both in the classroom and the clinical areas.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
Student Name – please print Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
Student Signature Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
Parent/Guardian Name please print Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
Parent/Guardian Signature Date

I hereby give permission for my son/daughter \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to go on field trips within Cumberland County. I understand that transportation will be via the career and technical bus. Any trips, which will remove the student from other classes will have additional permission slips.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature Date

I hereby give permission for my son/daughter \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to be photographed during class activities and field trips.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature

My child has my permission to walk from CCHS to Life Care Center on days the weather permits us to do so.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature

**Parent/Guardian Contact Information:**

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Best time to contact you: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How would you like to be contacted:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone numbers:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Any special information I might need to know about your child \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_